

KEY POINTS

A Comparison Table of:

SUD Case Management Services and SUD Recovery Support Services

CASE MANAGEMENT SERVICES	RECOVERY SUPPORT SERVICES
CASE MANAGER	RECOVERY SPECIALIST
<p><u>Minimum Requirements per the PA State Civil Service Specifications</u></p> <ul style="list-style-type: none"> ❖ One year as a Drug and Alcohol Case Management Specialist Trainee; OR ❖ A bachelor’s degree in Chemical Dependency, Sociology, Social Welfare, Psychology, Nursing, or a related field; <u>and</u> one-year direct service experience performing counseling or case management work in alcohol or other drug treatment setting; ❖ OR a bachelor’s degree which includes or is supplemented by successful completion of 18 college credits in sociology, social welfare, psychology, criminal justice, or other related social sciences; <u>and</u> one-year direct service experience performing counseling or case management work in alcohol or other drug treatment setting; OR ❖ an equivalent combination of experience and training as listed above 	<p><u>Minimum Requirements to acquire the PCB CRS Credential</u></p> <ul style="list-style-type: none"> ✓ High school diploma/GED ✓ 78 hours of mandatory, standardized recovery specialist training. ✓ A minimum of 18 months in a continuous manner of personal, lived experience. ✓ A minimum 1000-word essay describing your experience with recovery and your history of sustained recovery. ✓ Successfully pass the PCB Examination for Certified Recovery Specialist (CRS examination). ✓ \$150.00 fee
<p><u>Nature of Work: A General Overview</u></p> <ul style="list-style-type: none"> ❖ This is professional work providing a full range of case management services in the field of SUD treatment. ❖ Assess clients’ needs to determine the level of care required based on placement guidelines, coordinate access to treatment services; and develop and implement a comprehensive service plan. 	<p><u>Nature of Work: A General Overview</u></p> <ul style="list-style-type: none"> ✓ To provide recovery support services to individuals to help prevent relapse and promote long term recovery. ✓ A professional with personal, lived experience in their own substance use disorder recovery to provide a unique perspective while providing recovery support services.

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<ul style="list-style-type: none"> ❖ Monitoring of the treatment progress of clients, write reports, and advocate for clients with other agencies or organizations to maximize clients' benefits. ❖ Arrange for the provision of needed medical, functional, psychological, psychiatric, social, or vocational diagnostic assessments. ❖ Thorough exploration of service needs and discussion with the client concerning service options to which he may be referred. ❖ Preparation of a written service plan utilizing all appropriate available service resources and listing the services, to be provided. This plan shall be developed in cooperation with and agreed to by the service provider and the client. The service plan shall also include referral to any services for which the client may be eligible. ❖ Prompt arrangement for delivery of the requested services. ❖ If a client has been referred for services, liaison, follow-up, or advocacy, as appropriate, to promote client satisfaction, continued delivery of services, and continuity of services. ❖ A complete client record shall be maintained on each individual whose case is managed which shall include, but not be limited to, the following: <ul style="list-style-type: none"> *Significant medical, social, occupational, and family history. *The client's treatment plan. *Records of any significant client contacts. 	<ul style="list-style-type: none"> ✓ Recovery Specialists are not a sponsor, case manager or a therapist but rather a role model, mentor, advocate, and motivator. ✓ Recovery Specialists advocate for the individual, the recovery system, recovery-oriented services and assist to identify and reduce stigma. ✓ Recovery Specialists advocate to eliminate barriers, increase natural supports, and build community. ✓ Services provided by the Recovery Specialist may include yet not be limited to the following: providing resources and helping with applications, employment search, medical appointments, insurance, etc. This includes some clients who are currently incarcerated. ✓ Assist clients with various aspects of their lives to help promote a healthy lifestyle and encourage clients follow through with goals for recovery. ✓ Works collaboratively with counselors and/or case managers to help clients achieve recovery goals. ✓ Writes sessions notes/reports ✓ Model respectful communication and interaction.
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<ul style="list-style-type: none"> *Records of any referral contacts. *Consent forms for the release of client information. *Records of any client-related consultation and conversations with service providers. *Records of the release of any client information and copies of any client-related correspondence. *Records or referral follow-up. *Documentation of monitoring of the service plan. <p>❖ Trainees work at a probationary level under close supervision; supervisors oversee lower-level Drug and Alcohol Case Management Specialists and Trainees.</p>	
<p><u>Basic Skillset: An Overview</u></p> <ul style="list-style-type: none"> ❖ Clinical. ❖ Communication. ❖ Time management. ❖ Decision-making and problem-solving. ❖ Organizational. ❖ Autonomy. ❖ Conflict resolution. ❖ Teamwork. ❖ Delegation ❖ Tolerance ❖ Commitment ❖ Role modeling ❖ Teaching ❖ Cultural sensitivity 	<p><u>Basic Skillset: An Overview</u></p> <ul style="list-style-type: none"> ✓ Communication ✓ Advocacy ✓ Recovery & Resiliency ✓ Empowerment ✓ Skills Specific To Working In A Professional Environment.